

ALTIUS GRUPPEN

R9/U9 SYKKLER



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THE NEW STANDARD

Complete with comfort , conveniences and innovation, the R9 and U9 series represent the new standard in reliability and performance from a name you can trust - Landice.

	R9	U9
Frame Type	Step-through recumbent with low step-over height	Upright
Pedal Type	Self-balanced pedals with adjustable straps	Self-balanced pedals with adjustable straps
Seat Adjustment	Forward/backwards with 15 settings	Up/down with 12 settings
Flywheel Weight	6.8 kg	6.8 kg
Resistance System	Eddy current magnetic braking system	Eddy current magnetic braking system
Resistance Range	1-20	1-20
Handlebar	Console grip bars, seat grips with contact heart-rate monitoring and resistance controls	Racing style handlebars with contact heart-rate and resistance controls
Display	22.86 cm (9") color LCD panel	22.86 cm (9") color LCD panel
Heart Rate	Contact heart rate for heart rate control/ wireless chest-strap (optional)	Contact heart rate for heart rate control/ wireless chest-strap (optional)
Accessories	Water bottle holder, reading rack, accessory pocket	Water bottle holder, reading rack, accessory pocket
Electrical Requirement	Self-powered	Self-powered
Transport Wheels	Yes	Yes
Levelers	Yes	Yes
Assembled Weight	92.9 kg	72.1 kg
Dimensions	166.98 x 64.28 x 132.58 cm	113.18 x 62.78 x 147.59 cm
Max User Weight	158.75 kg	158.75 kg

PROGRAMS

8 Built-in programs
4 Heart Rate programs
5 User programs

WORKOUT FEEDBACK

Speed, Distance, Laps, Calories, Cal/Hour, RPM, Resistance, Watts, Time, METS, Heart Rate, Target Heart Rate, Time in Heart-Rate Zone